

Simon Says...

- Jump up and down
- Bend your knees/elbow
- Make a funny/silly face
- Wave (your right/left hand)
- Twirl around
- Sound like a cat
- Blink one eye
- Pretend to walk upstairs
- Cross your legs
- Snap your fingers
- Touch your shoulder
- Clap your hands
- Stomp your feet
- Move like a snake
- Wiggle your fingers/toes
- Dance
- Touch your ear
- Move like a dog
- Open your mouth
- Turn around
- Give yourself a hug
- Pretend to throw a ball
- Touch your toes
- Cross your arms
- Move like a robot
- Pretend to sit on a chair
- Reach for the sky
- Sound like a bear
- Pretend to swim
- Count to 10
- Do 5 jumping jacks
- Take 5 steps backwards
- Hop on one foot
- Smile
- Put your hands on your hips
- Bow
- Jump to the left/right
- Touch your head
- Brush your teeth
- Shake your head
- Stand on one foot
- Fly like a bird
- Hop like a bunny/frog
- Spin in a circle
- Sing your favorite song
- Pretend to kick a ball
- Touch your eyebrow
- Give yourself a pat on the back
- Shake your whole body
- Walk like a crab
- Take 4 giant steps forward
- Fly like an airplane
- Do a silent scream
- Reach as far as you can without moving
- Bend and touch your toes 10 times
- Pretend to be a bridge for a count of 10 (planks)